

Junction Park Dentistry

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Post Operative Instructions:

1. No vigorous swishing or spitting for 48 hours.
2. No alcohol (including mouthwash) or carbonated drinks for 48 hours.
3. Do not smoke, or drink through a straw, for 48 hours.
4. 24 hours after extractions, you may gently rinse with warm salty water, but do not spit.
5. Check and change gauze every 15 to 20 minutes for about an hour.
6. If bleeding persists for more than 24 hours, bite on a wet tea bag.
7. If bleeding does not stop, call our office.

The main purpose for these instructions is to avoid losing the blood clot that is now in the socket where the tooth was extracted. If the blood clot is removed, you will have a dry socket and will need to come back to the office and have the area packed with medication.

If you follow these instructions, the extraction site will be okay in a couple of days. Please call our office if you have any questions or concerns.